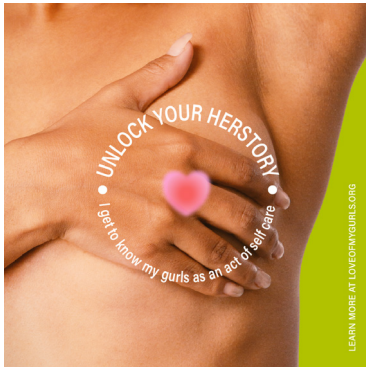


YOUNG MOMS SOCIAL KIT



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SUGGESTED CAPTION:

Your little ones are always watching, soaking up everything you do! Let's be sure we double down on the good.

Lead by example by prioritizing your health with monthly breast self-exams. Let's shape a healthier future together! ❤️

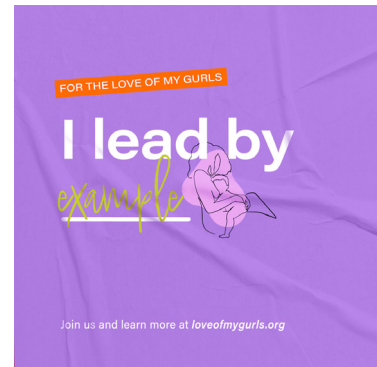
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SUGGESTED CAPTION:

Raising healthy, happy kids starts with taking care of yourselves, queens! 💕 Model self-love and self-care by normalizing talking about your health (and your family's health!) and practicing monthly breast self-exams. Join us in showing our little ones that health is wealth, and WE are worth investing in!

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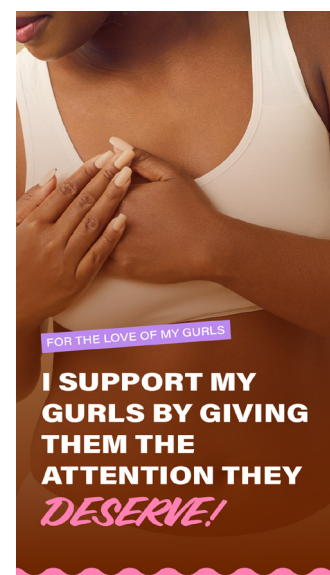
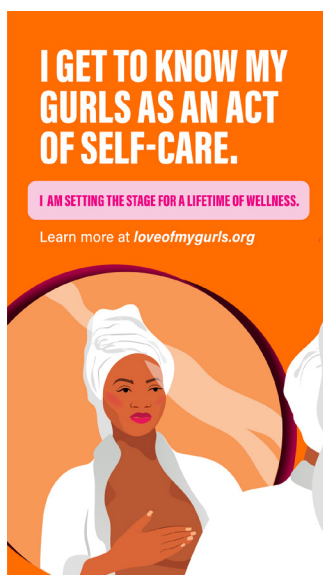
SUGGESTED CAPTION:

#MomLife is all about leading by example! 🌟 How do we do that? Here are two simple ways!

1. Openly talk with your family about your health and theirs. 2. Prioritize your health by doing breast self-exams— not sometimes, but every month. 📅 Remember your babies are watching ••and you're showing them what it means to be strong, resilient, and proactive!

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STORY POSTS



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